

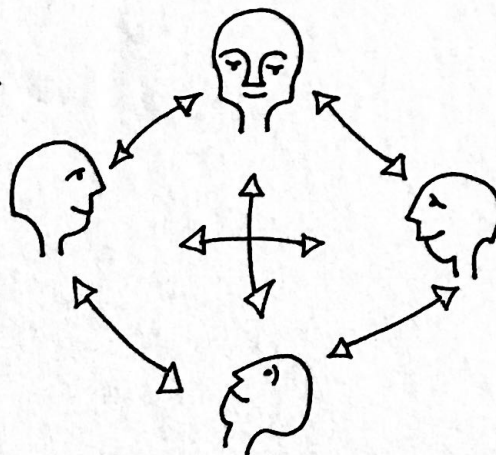
MY SUPPORT NETWORK

One supportive person does not usually meet every one of our needs.

Fill in the names of the people who fit the roles below.

You can duplicate the names if they fill multiple roles, and you can list several names for a single role in the second column.

Skip those that do not apply.



ROLE	Who can I turn to for this role?
<i>Share problems</i>	
<i>Talk about the loss</i>	
<i>Give good advice</i>	
<i>Energize me</i>	
<i>Have a fun time</i>	
<i>Accept me as I am</i>	
<i>Try something adventuresome</i>	
<i>Keep me busy / distracted</i>	
<i>Provide reassurance</i>	
<i>Relax with me</i>	
<i>Meditate with me</i>	
<i>Enjoy a good laugh</i>	
<i>Appreciate the outdoors and nature</i>	
<i>Discuss family issues</i>	
<i>Take a walk</i>	
<i>Go shopping</i>	
<i>Study</i>	
<i>Tell me the truth even if I don't like it</i>	
<i>Work with</i>	
<i>Have lunch with</i>	
<i>Disagree with me when necessary</i>	
<i>Share my spiritual life</i>	
<i>Help with chores</i>	