

FALL 2007



# West Chester University of Pennsylvania Athletic Training Alumni Newsletter

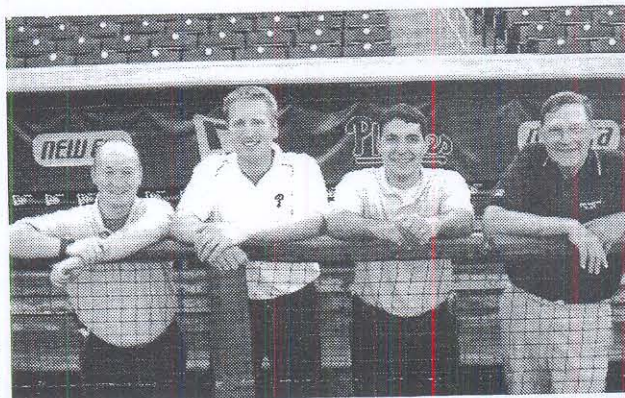
*Another year has passed, and it is now our pleasure to bring you up to date with the latest happenings within the department. We have added several columns to our newsletter that we hope you will enjoy. As you'll see, there are many exciting things happening in Sports Medicine, and we are proud to share them with you.*

## WCU ATHLETIC TRAINING THEN AND NOW

As the years pass, things change. Over the years our athletic training education program has undergone numerous changes from its initial days back in the early 1970's. To illustrate those changes, we thought we would share with you a "Then and Now" perspective from Phil Donley, founder of the Athletic Training Program, and contrast it with that of our current department chairperson, Carolyn Jimenez. Specifically, we asked each of them to comment on changes pertaining to the type of student, type of athlete, the teaching of athletic training, visibility of the department on the campus community, and what they viewed as the overall biggest change in the department.

### *Identify the types of students?*

**P.D.-** The type of student during the early years of the ATEP was athletic and took an active interest in the profession of athletic training. All students enrolled in the ATEP were also health and physical education majors. In the early 1970's a requirement of the health and physical education major was to complete four activity credits of which three had to come from playing an intercollegiate sport. This allowed these students to see first-hand what an athletic trainer does on a daily basis. Additionally, these students were intrinsically motivated to



*Pictured from L-R are WCU alumni who are working within the Philadelphia Phillies organization. Scott Sheridan, head ATC with the Philadelphia Phillies, Brian Cammarato, head ATC Minor League at coordinator, Shawn Facasni, head ATC with the Triple AAA affiliate, Ottawa Lynx, and Phil Donley PT, ATC who serves as a sports medicine consultant with the organization.*

become athletic trainers because they took time away from their summer to enroll in the necessary courses, in addition to having already declared a major in health and physical education. Another interesting fact was that the gender breakdown of the initial class of students was more females to males, something that still holds true to this day. Eight out of the ten students from the initial class went on to get jobs as

athletic trainers throughout the country.

**C.J.-** Unlike the early years, our students are not required to play an intercollegiate sport, although some may participate in athletics. Overall, the students in our program remain among the best and brightest on campus. Many have prior experience as an athletic training student in their high schools. This previous experience helps students understand the demands that will be placed upon them in terms of academic performance and time commitment. The majority of our students are interested in working as an athletic trainer at a high school, college, or professional setting. The rest are seeking master's degrees or other allied health-related degrees such as physician assistants, physical therapists, etc. Coincidentally, like the earlier days we still have

a greater number of female to male students in our program. Despite a dramatic increase in the number of accredited AT programs, especially in Pennsylvania and the tri-state area, we continue to attract bright and qualified candidates.

*Identify the types of athletes at WCU?*

**P.D.**- In the early 1970's the athletes of West Chester University were very competitive, lean, and athletic. The majority of the athletes were health and physical education majors, and not just anyone was permitted to major in health and physical education. Female students who wished to major in health and physical education had to pass a "skills aptitude" test in order to be admitted to the major. Years later this was declared an "athletic tryout" by the NCAA and dropped as an admission requirement.

**C.J.** -The student athletes are still big, strong, and fast. WCU continues to be a powerful Division II athletic program. Most of the athletes are focused on one sport rather than participating in multiple sports as they did in high school. They have greater demands on their time in terms of practice times and out-of-season participation. Due to their sport specialization, they are very concerned with maintaining their health and will actively seek out advice from our ATC's. Many of them have worked with an athletic trainer at the high school level and have an understanding of the function and role of the ATC. They see the athletic trainer as a partner in helping them remain healthy and on the field of play.

*How is it teaching in the department?*

**P.D.**- Teaching of athletic training courses occurred during the summers in the initial years of the ATEP. There were 12 credits. The courses that were taught consisted of Nutrition, Therapeutic Exercise, Therapeutic Modalities, and Pathology of Injury and Illness. The students attended class for six hours a day, five days a week for nine weeks of the summer sessions, overlapping pre- and post-sessions — very similar to how the courses were taught during the internship route. The students were either health and physical education majors or individuals from other institutions who had an interest in athletic training. By the early 1980's the courses became available during the regular semesters and were offered to West Chester students who were not accepted in the curriculum but chose to continue gaining experience through the internship route. These students were

assisted in finding intern experience in local high schools and colleges.

**C.J.** -Today, successful faculty must be able to juggle teaching their classes, serving as clinical educators and clinicians, engaging in scholarly activity and university/community service. Our faculty embrace a teacher-practitioner model of educating our students. Similarly to the past, the faculty serve in both the classroom and clinical setting, helping bridge the gap between textbook learning and real life. One major change over the years has been the increase in faculty members as well the commitment to advanced degrees. We have eight faculty members today — three of whom hold terminal degrees, two are ABD ("all but dissertation"), and one has started doctoral course work. Our faculty is broadly diversified in terms of areas of expertise and research/teaching interests.

*Visibility of the department?*

**P.D.**- Even during the early years, the athletic training education program established itself as it pertains to visibility on the campus community. I attribute this to the staff and me being involved across the campus community. Another interesting fact was that all of the coaches for the various sports teams were full-time faculty members, some from other departments on campus. During this time period, all faculty had their full teaching loads in addition to extracurricular activities (some chose to coach). This allowed many faculty members to understand what athletic trainers do.

**C.J.** - To this day, the department continues to maintain its visibility on campus. Many of the faculty serve on University-wide committees, which help in advocating our model of education throughout the community. Faculty from other disciplines often comment on how wonderful it is that we continue to be clinicians as well as educators. Our exposure outside of the University has been helped significantly by the work of Dr. Sandra Fowkes Godek and the HEAT Institute. The university community has also changed with respect to funding from the state. However, with the addition of a full-time development associate for the College of Health Sciences, we anticipate more community/regional exposure.

*What is the biggest change that you've noticed?*

**P.D.**- The biggest changes that I have seen over the years is the impact accredited education and published sports medicine and athletic training jour-

nals and books have played on the profession. When the program began in 1970, there were very few textbooks on the subject. The most popular were-

- *Treatment of Athletes* by Dr. Don O'Donoghue, M.D., team physician at Oklahoma University, first published in 1962;
- *The Trainers Bible* by Dr. S.E. Bilik, M.D., first published in the late 1920's, with the last edition in the late 1950's; and
- *Athletic Injuries* by Augustus Thronthike, M.D., Harvard University, 1948.

There were no "athletic training" textbooks. Over the years, "sports medicine" became a popular phrase, and because of that more published knowledge was and still is available for athletic trainers and athletic training students

**C.J.-** I would agree that athletic training accreditations standards have placed greater demands on faculty with respect to ensuring our program is as transparent as it can be to the consumer. Another interesting change that has evolved in the past several years to increase program exposure and funding is the dual degree program. The dual degree program with Millersville University will utilize distance learning technology as well as reintroduce the summer program at WCU for MU students, begun last year, and we anticipate it being a success.

## CONGRATULATIONS 2007 SCHOLARSHIP WINNERS



*Phil Donley and Dan Baern 2007*

### Phillip Donley Endowed Scholarship

This annual award is given to a senior WCU athletic training student who exemplifies service, work ethic, and a passion for the profession of athletic training. This year's "Outstanding Senior" is Daniel Baer. Dan completed his clinicals with WCU baseball, WCU basketball, Glen Mills Schools, and the Philadelphia Flyers. Dan has also received the Charles S. Swope and EATA scholarships this past year. Next year Dan will be a graduate assistant at the University of Pittsburgh, pursuing a master of science degree in health and rehabilitative science while working as an athletic trainer with the University of Pittsburgh baseball team.

### Douglas M. Weiss Endowed Scholarship

Five years ago, Swarthmore College students, alumni, parents, and athletes established a scholarship at WCU to honor Doug Weiss, longtime head athletic trainer at Swarthmore and a WCU alum. This annual award is given to a junior WCU athletic training student who exemplifies the qualities Doug portrayed in his many years of dedicated service as an athletic trainer. This year's recipient is Stephanie Mitchell. Stephanie completed her clinicals with the West Chester University Football team and at Downingtown West High School this past year.



*Stephanie Mitchel and Marie Mancini*

**Pat Croce Endowed Scholarship**

Created in 1996, the Pat Croce Scholarship is given to an incoming freshman who exemplifies passion and enthusiasm for the profession of athletic training. This year's recipient is Elizabeth Ferraro, from West Long Branch, NJ.



## ALUMNI PROFILE

We're pleased to add a new section to our newsletter to highlight an alumnus of the program. This year we have the pleasure of profiling **Dr. Kevin Guskiewicz, Ph.D, ATC** from the University of North Carolina.

**Year Graduated WCU and Family Information:**

1989; married Amy (Mergehenn – WCU alumnus 1989); children: Jacob, 10; Nathan, 9; Adam, 7; and Tessa, 2 months

**Current Position:**

Professor and chair, Department of Exercise and Sport Science, University of North Carolina at Chapel Hill

**Current Research Interest:**

Sport-related concussion

**Most recent publications:**

Guskiewicz, K.M., et al. Recurrent concussion and risk of depression in retired professional football players. *Medicine & Science in Sport & Exercise*. 2006; June 2007.

Guskiewicz, K.M., et al. Research-based recommendations on management of sport-related concussion: summary of the National Athletic Trainers' Association position statement. *British Journal of Sports Medicine*. 2006;40(1):6-10.

Guskiewicz, K.M., et al. Association between recurrent concussion and late life cognitive impairment in retired professional football players. *Neurosurgery*, 2005;57:719-726.

**Current Professional Positions:**

Associate Editor, *Journal of Athletic Training*;

NATA-Research and Education Committee – Research Committee Member.

Things that you remember most about your education at West Chester University is/are?

The attention to detail and practical hands-on experiences that the WCU faculty provided to students and the pride that we had as students knowing that WCU was such a nationally renowned athletic training program.

How has the profession of athletic training changed since your undergraduate experience?

Many undergraduate students now use athletic training education as a stepping stone to secure careers in other allied health professions; despite this, we are a more respected health care profession today, partially because of the quantity and quality of research published by certified athletic trainers.

## HEAT Institute Update

The HEAT Institute is dedicated to conducting independent research related to the evaluation, avoidance, and treatment of heat-related illness in athletes. We are committed to raising funds from sources not associated with a corporation that could benefit from this on-going research. The HEAT Institute is interested in collaborating with individuals and private foundations seeking to support and promote independent and unbiased research on thermoregulation and body fluid balance in athletes at risk for heat illness. Our research is published in peer-reviewed journals such as the *American Journal of Sports Medicine*, *British Journal of Sports Medicine*, *Journal of Athletic Training*, and *Medicine and Science in Sports and Exercise*. Our numerous studies involve

athletes who routinely practice and play in environmentally stressful conditions and include investigations into core temperature responses, sweat rates and fluid turnover, sweat sodium losses, and mechanisms implicated in exercise-associated muscle cramping. Sandra Fowkes Godek Ph.D., ATC, a professor in the Department of Sports Medicine and director of the HEAT Institute, has completed extensive data collections with the Philadelphia Eagles professional football team and the Philadelphia Flyers professional hockey organization. The HEAT Institute is currently working with Troy Vincent, a former Philadelphia Eagles player and current president of the NFL Players Association.



## ACI HIGHLIGHT: JOE IEZZI, M.S., ATC

It is our pleasure to highlight one of our off-campus ACI's: Joe Iezzi. Joe is the head athletic trainer at Downingtown West High School in Downingtown, Pa. Joe has served as an ACI for West Chester University for the past 19 years! Joe actually started pursuing athletic training while a student at WCU and received his bachelor of science in athletic training from WCU in 1975. Joe went on to receive his master of science in human performance, injury evaluation, and prevention from California University of Pennsylvania. He has worked in almost every setting of the profession and provides our athletic training students with great depth of experience. In addition to his current clinical position where he has been for nine years, Joe worked as the head athletic trainer for Cheyney University, (1975-1985), Philadelphia University (1985-1988), and at the Paoli Orthopedic and Rehabilitation Center (1988-1993), as well as provided athletic training coverage for Olympic events.

In addition to his many clinical endeavors, Joe has been involved in many leadership roles within the profession, serving on the PATS Board of

Directors, District II Executive Board, EATA Board of Directors, and NATA Board of Directors, with various roles throughout each organization. Joe has also received numerous awards throughout his career, including a prestigious induction into the PATS Hall of Fame, which will take place during the PATS Annual Meeting and Clinical Symposia this June.

Although his achievements are vast, Joe says, "My most rewarding times have been helping the athletic training students at WCU and molding them into the certified athletic trainers that they become." He loves to teaching students the "tricks of the trade," and emphasizes, "You can always look something up, but you can't look up experience!" Joe takes great pride in working with our students, saying that he not only enjoys working with them, but also appreciates the opportunity to give back to the fantastic educators and role models he had as a WCU student, including Phillip Donley, Brad Taylor, and Joe Godek. We want to thank Joe for all his continued support of our athletic training program!



## WHERE ARE THEY NOW- 5 YEARS

This year we decided to choose a graduated class year to highlight, starting with the class of 2002. We have updates from 10 of the 17 students who graduated that year.

### **Kristin Camm**

After graduation, Kristen went to graduate school at Montclair State University, where she earned her master of arts in teaching (MAT) in 2004. She also worked as a graduate assistant ATC during her tenure there. Following that, Kristen accepted a job at Richard Stockton College in South Jersey where she has been working as an ATC for the past three years while living in Sea Isle at the beach! She is currently finishing her last few months there and will be moving back to Philadelphia to begin the physician assistant program at Philadelphia University at the end of July.

### **Shawn Fcasni**

Shawn currently works for the Philadelphia Phillies! He is the athletic trainer for their AAA-affiliate, the Ottawa Lynx, and has traveled all over during his connection with the Phillies. Most recently he completed a master of health science degree from Nova Southeastern University. Shawn is engaged to Shannon and will be getting married in November 2007. They currently live in Clearwater, Florida.

### **Jason Katz**

Jason graduated from Hahnemann University in August 2005 with a master's in health science and physician assistant studies. He was certified a month later and has been working as a physician assistant at St. Christopher's Hospital for Children (Philadelphia) in the Orthopedic Surgery Department. Jason married Lauren in October 2006. They live in Manayunk, Pa., with a little black dog named Scooter.

### **Debbie Mallon**

After graduation, Debbie worked for a year at Spring Ford High School, Royersford, Pa., as an ATC. She then went on to Bucknell University where she received a master's degree in secondary

school counseling. She spent two years at Bucknell, also working as a graduate assistant ATC with the football team. She currently is a school counselor at Downingtown Middle School and really enjoys her job. Debbie states that she is unofficially retired from athletic training because she has not worked as an ATC since her career in school counseling began. However, she stays active in the athletic community through her involvement in the sports clubs in Manayunk, Pa., where she now lives.

### **Stephanie Milazzo**

Upon graduation, Stephanie went right on to the University of Connecticut and worked as a graduated assistant ATC while completing her master's in allied health on a thesis track in 2004. Her thesis topic was "A Survey of Division 1-A Athletic Trainers on Bidirectional Work-Family Conflict and its Relation to Job Satisfaction." After UConn, Stephanie went on to work at the U.S. Military Academy in West Point, Ny., from 2004-2005. She then returned to UConn as a staff ATC, working full time with the men's soccer team and has been there ever since. While there she has become a CSCS, presented at the NATA convention, started teaching strength and conditioning for athletic trainers in the athletic training curriculum, and in 2007 was awarded the "Outstanding Approved Clinical Instructor" award by the athletic training students at UConn. When she is not working, Stephanie is in training for her first marathon. She has also fit in time to meet the man of her dreams, Matthew, a Marine captain. They are planning for the future when he finishes his deployment in Iraq.

### **Kate (Flynn) Miller**

After graduation from WCU, Kate went on to get her M.Ed. in athletic training from Temple University, graduating in 2004. In August '04, Kate married Jim, moved to Washington, D.C., and got a job working at Woodson High School in Fairfax, Va., as a health/PE teacher and ATC. She worked there for two years and then decided to go back to school to obtain her doctorate in physical therapy.

Last summer she and Jim moved back to the Philly area and Kate started her DPT at Arcadia University. She looks forward to finishing in February 2009.

#### **Katherine (Kolar) Morrison**

After graduation, Katie went to James Madison University where she received her master's in health education in 2004. In September 2004, Katie started her tenure at the University of Delaware as a Ph.D. student in biomechanics and movement science. During her first two years as a doctoral student, she also served as the head ATC at Dickinson High School in Wilmington, Del.. In August 2006, she served as temporary faculty at her alma mater, WCU, and was hired this spring for a tenure-track position that will begin in August. Katie plans to complete her doctorate in December with the thesis topic "Evaluation of Dynamic Foot Pressure Distributions, Running Mechanics, and a Lateral Hop in Subjects with Chronic Ankle Instability." Katie married Jack Morrison in June 2006 and currently lives in Downingtown, Pa.

#### **Lisa Murray**

Lisa graduated with an M.S. in applied anatomy and physiology from Boston University in 2005. She also accepted a full-time position at BU in the fall of 2004 and has been there ever since. Along with a full-time AT position, she is an associate professor in the undergraduate athletic training education program. This past April, Lisa ran the Boston Marathon for the second time! Look for her this summer at the NATA convention because she will be presenting a case study on "Athletic Pubalgia in Women's Soccer Goal Keeper."

#### **Ian Rosman**

Upon leaving WCU, Ian went on to James Madison University as a graduate assistant ATC and graduated in 2002 with his M.S., in kinesiology with an athletic administration concentration. After JMU, Ian became an assistant athletic trainer at Washington & Lee University in Lexington, Va. In addition to his athletic training duties, Ian also teaches courses in CPR/first aid and care and prevention of athletic injury. He is also the adviser for the Student Athlete Mentors Club.

#### **Christina Specos**

Christina is currently working as the director of speed, strength, and conditioning at the Lawrenceville School, a prep boarding school just outside of Princeton, N.J. She also completed her 15-month course work in massage therapy, specializing in corrective medical techniques in 2004 at Cortiva University. She is pursuing her master's degree in exercise science and health promotion from California University of Pennsylvania, which she is on track to complete this July. In addition, she is a certified group fitness instructor and enhanced her certifications to include Pilates mat, reformer, and props, and plans to take the PMA (Pilates Method Alliance) national exam sometime in the near future. She is not married yet, but Christina and her fiancé are planning an August 2008 wedding.

#### **Megan Wenner**

After graduation, Megan was accepted into the master's program at the University of Delaware and worked as a graduate assistant for two years while completing her M.S. During that time she received a foundation grant from the American College of Sports Medicine for her master's thesis project (EAS research grant on nutrition and human performance). In addition, the results were published in the *Journal of Applied Physiology* in 2006. She is currently continuing her tenure at UD as a Ph.D. student in exercise physiology. She is finishing her third year and working on her dissertation. Her research topic is looking at salt sensitivity of blood pressure during COX-2 inhibition. She states that she has pretty much caught the research bug and is a lab rat! She was also fortunate this year to have the opportunity to teach SMD 454 at WCU in the spring '07 semester while Sandy was on sabbatical.



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## ATHLETIC TRAINING STUDENT CLUB UPDATE

By *Tim Witman*

As president of the WCU Athletic Training Club, I'd like to take a look back at the 2006-07 year. The club members enjoyed fun social events, participated in community service, and furthered our education through the guest lecturer series and by attending the PATS Student Symposium. The year began with the annual peer-mentoring social. Dr. Frank Fry, of the Department of Kinesiology, led the club in team-building games to help strengthen bonds of friendship among students. In November, the faculty and students volunteered to provide medical coverage at the Special Olympics Fall Festival held at Villanova University for three days. We also continued our relationship with the West Chester YMCA, volunteering at Halloween Night. The fall semester ended with the annual Christmas party. This year's guest speaker lineup helped students to explore topics that reached beyond classroom knowledge. Linda Mazzoli, WCU Alumni spoke to the club about using our athletic training skills in nontraditional ways. Dr. Carolyn Jimenez, Sports Medicine chair, spoke about the practical skills that athletic trainers need to understand when dealing with diabetic athletes. Finally, in February, faculty and 18 students attended the PATS Student Symposium in Pittsburgh. This was the first time many students had attended a professional conference. The symposium was extremely interesting and included a viewing of cadaver dissections. On behalf of the club, I'd like to thank all of the faculty who taught and inspired us during the year.

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### FACULTY NOTES

**Carolyn Jimenez** is completing her second term as chair of the Department of Sports Medicine. She works with the men's soccer team and supervises two to three students each year. Carolyn used her expertise in anatomy and taught cadaver anatomy to pre-med, pre-dental, and pre-physical therapy students at Colorado College for several weeks during January 07.

**Sandy Fowkes Godek** continues to be successful with her ongoing research efforts involving thermoregulation, and fluid and electrolyte balance in football and ice hockey players. She has an eventful summer lined up, with speaking appearances at the American College of Sports Medicine annual meeting (New Orleans, La.), the 17<sup>th</sup> Annual Practical Applications in Sports Medicine conference (Palm Springs, Calif.), and the NATA Annual Meeting and Clinical Symposium (Anaheim, Calif.). Sandy was recognized in December 2006 with the WCU Council of Trustees' Distinguished Faculty Award. She is currently working with the NFLPA to coordinate a multi site NFL study during preseason practices.

**Neil Curtis** continues as the program director for the undergraduate program.

**Luzita Vela** has been very busy with her research efforts. Dr. Vela was part of a collaborative project with Neil, Scott and Carolyn that investigated the effects of a Class IV laser on clinical outcomes. They completed data collection this March and hope to have a manuscript published with the results of the study. Luzita also co-authored a manuscript that looked at NCAA injury surveillance statistics of field hockey injuries. This summer, Luzita will be teaching a one week summer course, attending a NATA outcomes summit and speaking about outcomes research at the NATA symposium. Luzita will also be leaving the department this summer, as she has accepted a position at Texas State University in San Marcos, Texas. Though she has only been with us for two years, she has had a tremendous impact on our program and will be missed.

**Scott Heinerichs** has finished his course work for his doctoral degree and is currently writing his dissertation on athletic training students' perceptions of frustration during the clinical education experience. Scott continues to work clinically with the football team and has a graduate assistant helping each year. Scott has also completed his first term as treasurer of PATS. He has volunteered WCU to host the 2008 PATS student symposium held next February. Scott and his wife, Erin, had their first child, a girl, Brooke Christine, on January 12.

**Nicole Armstrong** has completed her third year as a temporary faculty member and will be joining the department as a tenure-track instructor. She is currently enrolled in Temple University's doctoral program in kinesiology.

**Jennifer LaFalce** has completed her second year as a temporary faculty member and will be leaving the



department this summer. Jennifer hopes to pursue career opportunities in the Boston area and establish a research focus for her doctoral work.

**Katherine Morrison** has completed her first year within the department as temporary faculty and will be joining us next year as a tenure-track assistant professor. She is currently completing her doctoral degree in biomechanics and movement science from the University of Delaware and hopes to finish in December 2007.

### Additional Notes

- Congratulations to Joe Iezzi on being inducted into the 2007 PATS Hall of Fame.
- Congratulations to Phil Donley on being named the recipient of the 2007 Ted Quedenfeld Award by the Philadelphia Sports Medicine Congress.
- The first set of students within the dual degree program between Millersville and WCU will be on campus next summer taking their core athletic training courses.
- Brad Harkins, junior BSAT student, will be completing a summer internship with the Kansas City Chiefs with former WCU graduate, and now Kansas City assistant athletic trainer, Owen Stanley.
- Jodi Yeager, Tim Witman, and Dan Baer represented WCU at the first PATS quiz bowl and placed second place overall.
- Be sure to check out our Web site—it was recently updated and includes more information on our athletic training education program.

## CONGRATULATIONS CLASS OF 2007

On Saturday, May 12, 2007, students said farewell to WCU and the athletic training program. Many of our graduates have already found employment or earned graduate assistantships. Some of these students are listed below with the endeavors that they are pursuing:

**Dan Baer**—University of Pittsburgh, graduate assistant

**Colin Dixon**—University of South Carolina, graduate assistant

**Neil Hoffman**—Summer internship with the Baltimore Orioles

**Phil McGinnis**—Alvernia College, graduate assistant

**Meghan Mangrelli**—Philadelphia University physician assistant program

**Maryam Papineau**—Myrtle Beach High School, Assistant Athletic Trainer

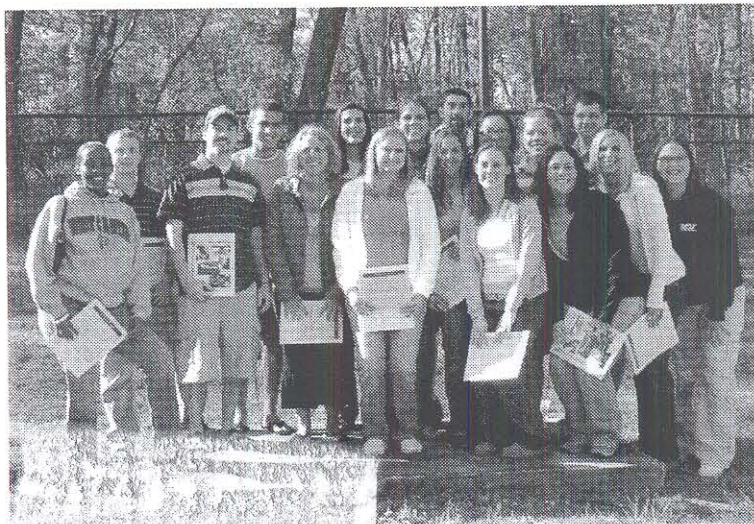
**Lori Pittinger**—Penn Manor High School (part time), Assistant Athletic Trainer

**Kerri Roberts**—Pro physical therapy

**Jenni Silber**—Pro physical therapy

**Tim Witman**—Lebanon Valley Physical Therapy School

**Jodi Yeager**—Southern Mississippi, graduate assistant



*Seniors 2007*

## UPCOMING ALUMNI EVENTS

We would appreciate receiving updates so that we can continue to feature alumni news and information on career changes, family changes, and additional degrees in further newsletters. Also, we have received some interest but we need more support. If anyone is interested in helping create and / or serve on an alumni board, please indicate that on your alumni update form.

This year we will not be hosting a formal alumni gathering at the NATA convention in Anaheim, Calif., because only a few faculty will be able to attend. However, please check the conference proceedings to hear our faculty member Sandra Fowkes Godek and graduate assistant Jason Kopec present. Please stay tuned for the 2008 convention in St. Louis, where there is certain to be an official alumni gathering. We will provide you with more information on the event as the date gets closer.

In closing, we encourage you once again to fill out the alumni update form and send it back to us! Our program is only as good as the alumni and students that we serve. Also, as a way to reduce costs, please check the box on the reply side if you wish to receive the newsletter via e-mail and be sure to include your e-mail address.

Sincerely,

Scott Heinerichs, sheinerichs@wcupa.edu

Nicole Armstrong, narmstrong@wcupa.edu

Katie Morrison, kmorrison@wcupa.edu

Newsletter Editors



# ALUMNI UPDATE FORM

Name \_\_\_\_\_ Class Year \_\_\_\_\_

Home Address  
\_\_\_\_\_  
\_\_\_\_\_

Home Phone ( ) \_\_\_\_\_ - \_\_\_\_\_

Work Phone ( ) \_\_\_\_\_ - \_\_\_\_\_

Employer  
\_\_\_\_\_  
\_\_\_\_\_

E-mail address \_\_\_\_\_

- I would like to get the newsletter by email.
- I am interested in purchasing an AT t-shirt.
- I am interested in attending the Homecoming Event.

Additional degrees? Children? Spouse? News about yourself?

Please provide any information you may have concerning "missing" alumni that we may not know about. Thank you!

### Giving to Athletic Training:

A one-time gift (cash/check) of \$ \_\_\_\_\_ is enclosed. I would like to designate my gift to:

- Phil Donley Endowment Fund                       Pat Croce Scholarship Fund
- Douglas M. Weiss Endowment Fund    Athletic Training Room Renovation Fund

Please charge my credit card:    Visa;  Mastercard    AMEX

Acct# \_\_\_\_\_ Exp. Date \_\_\_\_\_

Name on card \_\_\_\_\_

Signature \_\_\_\_\_

*Please make checks payable to: The Fund for WCU.*

*Send to: Scott Heinerichs, 114 Sturzebecker Health Sciences Center,  
West Chester University, West Chester, PA 19383*





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